



# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## OUR STUDENTS EXCEL



# ROBIN & THE SHERWOOD HOODIES



WOW!! Thank you to our parents and community for supporting our amazing school musical Robin and The Sherwood Hoodies! We hope you enjoyed the fantastic show. Thank you to everyone who helped to make it such a great success. A special mention to our teachers Linda Brislane and Bec Perkins for all their hard work. They have provided our students with a special opportunity to be involved in such a professional production. All students thoroughly enjoyed being part of the production and it was wonderful to watch them on stage, working as a team and sharing the excitement of the experience together.







# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## OUR STUDENTS EXCEL Cont.







# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## OUR STUDENTS EXCEL Cont.

### *Hunter Regional Athletics Carnival*

Congratulations to the following students who travelled to Newcastle to represent our school at the Regional Athletics Carnival on Friday, 2 September. Our students all performed exceptionally well. A special congratulations to Lewis who came first in his 800 metre race. Lewis is now training hard for the State Athletics Carnival which will be held next term at Sydney Olympic Park. What an amazing achievement!



*Aaris, Charlize, Samantha and Lewis*



### *PSSA Netball Gala Day*

On Friday, 9 September our Stage 2 girls netball team attended the Manning Zone PSSA Netball Gala Day in Forster. The girls played against a range of teams from other schools and won 3 of their 4 games. It was a lovely day and the girls showed great sportsmanship and teamwork. A massive thank you to all the parents that supported us on the day.

*Back: Charlie, Miradee Middle Row: Isla, Fern, Chloe, Jessica Front Row: Leila, Rhyanna, Ella*

### *PSSA Touch Football Gala Day*

On Friday, we all travelled to Taree Recreation Grounds for the PSSA Touch Gala Day. It was really fun and we all learnt about how to play as a team. The girls won our first three games. Unfortunately we lost the last game against St Josephs, but we all went to Maccas to make us feel better. A great job to Matisse and Chloe for playing their first ever games of touch football.

*By Samantha Gwynne*

*Back Row: Gabrielle, Evie, Zoe, Matisse, Chloe  
Front Row: Samantha, Lexi, Amira*



It was fun and enjoyable and the boys played 5 games winning 2, drawing 1 and losing 2. One of the highlights of the day was when Kelton scored a length of the field try, which surprised him more than anyone else! Lastly I would like to say thanks to Mr Jackson and Mr Ryan for coaching our teams on the day.

*By Lewis [Crusher] Koller*

*Back: Koby, Luke, Lewis, Preston. Front: Bastian, Kelton, Oscar, Lachlan, Alex*



# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## WELCOME TO TERM 3

The following events are happening over the coming weeks:

### UP AND COMING EVENTS CALENDER

Wed, 21 Sept	Shine On Matinee Performance @ 11:00 am
Wed, 21 Sept	Shine On Evening Performance @ 7.00 pm
Wed, 21 Sept	P&C Meeting @ 1 pm at school - all welcome.
Thur, 22 Sept	Black & White Disco: K to 2 5:00 pm - 6:30 pm; Yrs 3 to 6 6:30 pm - 8:00 pm
Fri, 23 Sept	Last day of Term 3 - <b>Mufti Day</b>
Mon, 10 Oct	First day of Term 4 - Students return
Tues, 11 Oct - Fri, 14 Oct	Stage 3 Canberra Excursion - Year 5 & 6 students travel to Canberra
Fri, 21 Oct	K-2 Billabong Zoo Excursion

## INFORMATION FOR OUR PARENTS

### CANTEEN NEWS - Fruit and Veg Month 2016



During the last three weeks of Term 3 our school and canteen will be participating in Fruit and Veg Month. This year's theme is "Vegetables are Funky". The program is run in conjunction with Healthy Kids Association and Sydney Markets - Fresh

For Kids Campaign. It is designed to increase the student's willingness to try a variety of new fruit and vegetables and provide knowledge about the benefits of healthy eating habits and lifestyle that lasts a lifetime.

On canteen days students that buy or sample fruit or veg items will receive a sticker and be able to collect stickers to enter a state competition and also receive a free pencil/eraser. Over the counter items on offer will vary day to day and include veg crudité cups, corn wheels, broccoli pesto pasta cups, smoothies, fruit salad cups, green smoothie samplers, tomato, cucumber & feta skewers, celery boats, pineapple and watermelon wedges....The list goes on!!

Thank you - Jackie



### 2017 Kindergarten Enrolments

Enrolment for Kindergarten 2017 is now open. Information has been distributed to local kindergarten and child care facilities. Enrolment forms are available at your child's preschool or our school office. If you have any questions regarding enrolments for Kindergarten 2017, please contact the office.







# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



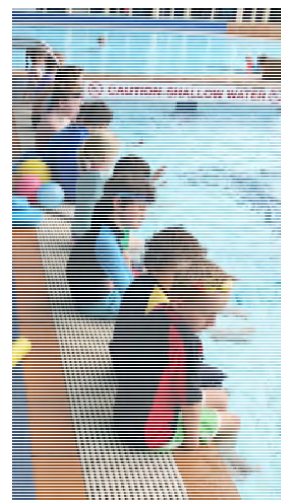
CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## INFORMATION FOR OUR PARENTS cont.

### *Year 2 Swim School*

Swim School was held last week and our students had a fantastic time improving their swimming skills ready for summer. They are upholding our high standards within the community, demonstrating outstanding manners and behaviour. Thank you Year 2 you made us proud.



### *Stage 3 Canberra Excursion*



The countdown is certainly on. As more notes are being handed out the excitement level for all students is increasing. Last week students received the *McDonalds Order Form*. Cash payment and form must be returned to the office by the end of this term, thank you to everyone who has already returned their note and money. Please note all outstanding payments must be made by the end of this term to ensure your child attends the excursion.



### *K-2 Excursion to Billabong Zoo.*

On Friday, 21 October students in Kindergarten to Year 2 will travel to Billabong Zoo. Students must be at school by **7:45 am** and will return at **4:00 pm**. The cost per child for entry fee + bus is \$35, payable to the front office with permission slip by Friday, 14 October. Parents and pre-schoolers are welcome to come along on the day. We have been discussing this excursion in class and the children are very excited.



### *Lost Property & Hats*

With the warmer weather approaching there is currently a lot of lost property at school. Please ensure you label all hats and jumpers. It is very hard to return clothing that is not labelled. If your child has lost a jumper or hat you are welcome to come to the office to check lost property or visit your child's classroom to look for missing items.



# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## SUPPORT TEAM NEWSFLASH BY SAGE AND ISABELLA

This term has been very busy with lots of events coming up and flying past.

As you know, two of our wonderful teachers Mrs B and Mrs Perkins have put in a lot of effort to produce our amazing school musical, 'Robin and the Sherwood Hoodies'. It was a huge success and every night was a full house. The actors said that it was awesome seeing an amazing script come to life.



Students from years 3 to 6 are going to a performing arts concert with the best actors, dancers, musicians and singers from the local area. 'Shine On' is held at Club Forster on Wednesday, 21 September. Every two years, music teachers travel around the schools to select talented students and groups to perform. The tickets are \$8.00 for the evening performance.

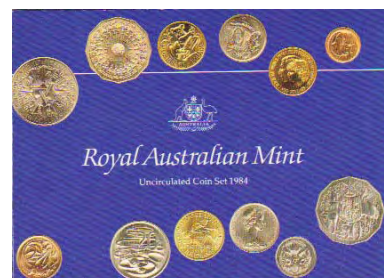


On Thursday the P & C are holding a black and white themed disco. Students who want to attend the disco will have to pay a small \$5 entry fee which will go towards the purchase of new classroom games. The K - 2 disco will start at 5:00 pm and ends at 6:30 pm, then the Year 3 - 6 disco begins and ends at 8:30 pm.

For stage three an exciting Canberra excursion is coming up. Year 5 and 6 will be leaving on the first Tuesday of term four. While they are there, they will be visiting many fun places such as Questacon, The Royal Mint, the War Memorial, The Dinosaur Museum and many other interesting places. We can't wait!



THE NATIONAL  
DINOSAUR MUSEUM



## P&C COMMITTEE NEWS

### Father's Day Raffle

Congratulations to the Beavis family who were the lucky winners of our Father's Day Raffle. Thank you to everyone who purchased a ticket. Again a special thank you to the Hardy family who kindly donated the fabulous Ziggy Barbecue from their BBQ's Galore store in Forster.







# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## A MESSAGE FROM THE PRINCIPAL

### ***Musical Thank You***

Oh what a night of live theatre!! This school musical was a roaring success. The calibre of the acting and dancing, along with the amazing costuming and makeup raised the bar in 2016. This was a whole team effort from students, staff and the community. For the last 10+ weeks the Years 3-6 staff have been collaborating with Mrs B and Ms Perkins to put together the performances we witnessed last week.

Well done to everyone! Behind the scenes the team worked hard putting everything together. Thank you to Michael Wilson (staging), Anne Masters (costumes), Lyn Wood, Ely Hunter, Charlize Everitt (props and staging) and Linda Davis and Lani Williams (music support).

Also, a special thanks to ... Jamie Brislane, Shawn Jolley, Peter Eades, Rod Ryan, Jayme Galante, Steve Punton, Julie Henry, Leisa Beavis and Pacific Palms Public School P & C, who have given their time to ensure the quality of our production has been outstanding.

I was filled with immense pride last Friday evening, when I had the privilege of being part of the audience. The students really shone and showed their talents. Thank you for your ongoing support of the creative arts and to those who have emailed or passed on their positive feedback and/or gratitude to the staff.

### ***Band Program***

We regret to advise that the band program at our school will finish at the end of Term 3. Last week students performed a few tunes for the school with enthusiasm. Some of the band members had just started learning an instrument this year and they all enjoyed performing for their peers.

We would like to thank Mrs Ross and all of our band parents and students for their commitment to the band. We hope it has been a rewarding experience.



### ***Father's Day Stall***

Thank you to the P&C parents who volunteered their time to help out with the Father's Day stall. We appreciate your time and effort and hope all the Dad's out there enjoyed their day.



# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## A MESSAGE FROM THE PRINCIPAL Cont.

### Supervision

Please can I remind all parents and carers that there is no supervision on the school grounds in the morning before 8:30 am and students are not to arrive before this time unless they are booked into Palms Out of School Hours (OOSH).

At the end of the school day there is no supervision on the playground once the students have been dispatched from their classes or designated areas (communicated by class teachers). Please ensure your child leaves the school grounds as promptly as possible after pick up unless he/she is booked into OOSH or is participating in an organised extra-curricular activity. Wishing all of our families a safe and relaxing holiday.

**Mel Merchant**

(Rel) Principal

### PACIFIC PALMS SCHOOL TERM 4 2016: CANTEEN ROSTER

Help is required where days are vacant! Please contact Jackie 0447621340 to volunteer.  
If you are unable to make your allocated shift please arrange a replacement.

WEEK	MONDAY MON 10/10/16	WEDNESDAY WEDS 12/10/16	THURSDAY THURS 13/10/16	FRIDAY FRI 14/10/16
1	Matt Bannerman <b>HELP REQUIRED 9-12:30</b>	Emma Walsh Larissa Robinson	Lotte Jeffs 0490223410	<b>VACANT</b> <b>2 HELPERS NEEDED</b>
WEEK	MON 17/10/16	WEDS 19/10/16	THURS 20/10/16	FRI 21/10/16
2	Jill McSweeney Paige McSweeney 0404035239	Jess Pike 0422019288	Shannon Kershaw 0423299055 Olivia Trick 0410229622	Kate Wrigley 0415393508 <b>HELP REQUIRED</b>
WEEK	MON 24/10/16	WEDS 26/10/16	THURS 27/10/16	FRI 28/10/16
3	Lianna Koller Wendy Natoli	Kate Mclean 0405757582	Lotte Jeffs 0490223410 Tracy Scope	Paula Fisher 0414520835 <b>HELP REQUIRED</b>
WEEK	MON 31/10/16	WEDS 02/11/16	THURS 03/11/16	FRI 04/11/16
4	Mel Ledgett 0424625238 Tori Montague	Dom Kunzli	Hanne Donald <b>HELP REQUIRED!</b>	Sam Semmens Erin Judson
WEEK	MON 07/11/16	WEDS 09/11/16	THURS 10/11/16	FRI 11/11/16
5	<b>VACANT</b> <b>2 HELPERS NEEDED 9-12:30pm</b>	Tracey Morgan <b>HELP REQUIRED!!</b>	Shannon Kershaw 0423299055 Olivia Trick 0410229622	Helena Marshall 10:30-2 Heather Scott 9-12 0403829224
WEEK	MON 14/11/16	WEDS 16/11/16	THURS 17/11/16	FRI 18/11/16
6	Jodie Dries <b>HELP REQUIRED! 9-12:30pm</b>	Megan Cooke <b>HELP REQUIRED!</b>	Stacey Pratten <b>HELP REQUIRED!</b>	Susan Rodger <b>HELP REQUIRED!</b>
WEEK	MON 21/11/16	WEDS 23/11/16	THURS 24/11/16	FRI 25/11/16
7	<b>VACANT</b> <b>2 HELPERS NEEDED 9-12:30pm</b>	Paula Fisher 9-12 0414520835	Shannon Kershaw 0423299055 <b>HELP REQUIRED!</b>	<b>VACANT</b> <b>2 HELPERS NEEDED</b>
WEEK	MON 28/11/16	WEDS 30/11/16	THURS 01/12/16	FRI 02/12/16
8	Dom Kunzli <b>HELP REQUIRED!</b>	Sarah Downs 0411224471 <b>HELP REQUIRED!</b>	Olivia Trick 0410229622 <b>HELP REQUIRED!</b>	Kerrie Hans Tori Montague
WEEK	MON 05/12/16	WEDS 07/12/16	THURS 08/12/16	FRI 09/12/16
9	Jill McSweeney Paige McSweeney 0404035239	Selina Brookes 0421824221 Georgina Woods	Jasmine Marks <b>HELP REQUIRED!</b>	Tracey Morgan Sarah Kelly
WEEK	MON 12/12/16	WEDS 14/12/16	THURS 15/12/16	FRI 16/12/16
10	Wendy Natoli Jackie Pitman	<b>VACANT</b> <b>2 HELPERS NEEDED</b>	<b>VACANT</b> <b>2 HELPERS NEEDED</b>	<b>LAST DAY OF CANTEEN</b> Kate Wrigley 0415393508





20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



Pacific Palms Surf Life Saving Club

## Nippers Season Registration 2016/17

*We welcome new and existing members to join us in giving kids confidence and competency in the surf in an encouraging and fun environment.*

Registrations are online, and our website has step-by-step instruction sheets to help you along. Go to:

[www.pacificpalmsslsc.org.au/membership](http://www.pacificpalmsslsc.org.au/membership)

We will also be having registration days (come along and register with our assistance). Make sure you bring your mobile phone along! Registration dates/locations:

18 Sep @ Soccer Presentation Day

21 Sep @ PP School 3pm library

24 Sep @ PPSLSC Club

**Registrations close October 9th.**

Parents and older kids (13+),

Would you like to gain your Bronze Medallion or SRC? We are looking for assistance with our water activities. Doing your Bronze will get you fit and gives you heaps of useful skills such as basic First Aid!

This is so great to encourage your kids, and also vital for us to get our kids in the water.

Contact Ian:

[juniors@pacificpalmsslsc.org.au](mailto:juniors@pacificpalmsslsc.org.au) for more information.





20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



## School Holiday Junior Golf



Non Junior members **\$25**

Junior Members **\$20**

Includes:  
Professional Tuition  
Golf Equipment

Ages 5 to 15 (2 days)  
6<sup>th</sup> of October 9am-12pm  
7<sup>th</sup> of October 10am-12:30pm

Venue: Forster Golf Club  
Strand St Forster

**YourGolf.Pro**  
R O B H U R L E Y  
FORSTER TUNCURRY GOLF CLUB

### Registration: (Limited spots)

Phone – 02 6554 6167

Book Online – [yourgolfpro.net/rob-hurley/services/lesson/](http://yourgolfpro.net/rob-hurley/services/lesson/)

- Click book now on the Junior Holiday Camp
- Select Location Forster Golf Club – Golf Lessons and Club Fitting
- Select Book a class
- Select Junior Holiday Camp
- Select the date 14<sup>th</sup> July, click on the time
- Enter your details







# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## 1-2-3 MAGIC & EMOTIONAL COACHING



**17<sup>TH</sup> OCTOBER 2016**

### WHO'S IN CHARGE AT YOUR HOUSE?

We know it's not easy being a parent.

Do you want your children to listen and grow to be happy and competent youngsters?

**Date Beginning:** 17<sup>th</sup> October

**When:** Monday 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup> October

**Time:** 9.30am – 12.00pm

**Location:** Parkside Building - Fotheringham Park,  
Victoria Street, Taree.

**Phone:** 02 6551 1800

Come along and learn how to:-

- Manage bad behaviour
- Reward good behaviour
- Strengthen your family relationships
- Learn about the many types of manipulation and testing behaviour that children use on parents and how to handle misbehaviour in public



*Empowering People,  
Strengthening Communities*

**Ph: 02 6551 1800**

[www.mssinc.org.au](http://www.mssinc.org.au)

Manning Support Services Inc.

Funding for this program is provided by the Department of Family and Community Services.



# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## TUNING IN TO TEENS

Emotionally Intelligent Parenting



**14 OCTOBER-18 NOVEMBER 2016**

Tuning in to Teens is a 6 week program for parents and carers of teens 10 years and over. This program provides parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive and staying connected.

**When:** Every Friday for 6 weeks

**Time:** 10.00am – 12.30pm

**Location:** Parkside Building - Fotheringham Park,  
Victoria Street Taree

Morning Tea provided

**Phone:** 02 6551 1800

"Help your teen  
learn to manage  
their emotions"

"Teach your child  
to deal with  
conflict"

"Reducing  
challenging  
behaviours"



*Empowering people,  
Strengthening Communities*

Ph: 02 6551 1800

[www.mssinc.org.au](http://www.mssinc.org.au)

Manning Support Services Inc.

Funding for this program is provided by the Department of Family and Community Services





# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

20 September 2016

"Respect is the Key"

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)



CARE – about yourself, others, learning and the environment

ISSUE 9 | TERM 3 | WEEK 10

## Communities for Children



### Circle of Security Parenting



A relationship  
based program  
promoting  
secure bonds  
between parents  
and children

Secure children  
have better self-  
esteem &  
relationships  
and are able to  
handle emotions

**19 OCTOBER – 7 DECEMBER 2016**

**Time:** Wednesdays, 10.00am – 12.30pm

**Location:** Bushland Community Hub  
Mudford St, Taree

Morning tea provided

**Phone:** 02 6551 1800



*Empowering People,  
Strengthening Communities*

**Ph: 02 6551 1800**

[www.mssinc.org.au](http://www.mssinc.org.au)



\*The Communities for Children Initiative is funded by the Australian Government

