



# PACIFIC PALMS PUBLIC SCHOOL NEWSLETTER

22 AUGUST 2013

*"Your safe and caring community school"*

[www.pacificpal-p.schools.nsw.edu.au](http://www.pacificpal-p.schools.nsw.edu.au)

ISSUE 6 | TERM 3 | WEEK 6

## OUR STUDENTS EXCEL

### Book Week Celebrations

A special thank you to Mrs Lowry and her helpers for organising such a wonderful Book Week celebration, Book Fair and dress up day yesterday. It was so exciting to see the children arrive dressed up as all sorts of different book characters. The staff loved dressing up too! It makes it even more fun for our children when staff members get so involved on days like this. It was also wonderful to see so many families visiting our school to help celebrate this special day. I'm sure the children will remember the fun they had for quite a while.

A special thank you to Dom and all of the helpers in the canteen who provided a yummy morning tea and a delicious lunch.

Thank you to the helpers who sold books at the Book Fair. We sold over \$5000 worth of books. What an amazing achievement! A successful Pacific Palms Public School event! Well done everyone!



### WELCOME TO THE DAYS AHEAD

The following events are happening over the coming days and weeks:

UP AND COMING EVENTS CALENDER	
Mon, 26 Aug	P & C Meeting @ 1.30 pm - All welcome
Wed, 28 Aug	Father's Day Stall - (more info in newsletter)
Thu, 29 Aug	Kindergarten 2014 parent information night @ 6 pm in the Library
Fri, 30 Aug	Assembly in the hall @ 2 pm. All welcome.
Tue, 3 Sept	<b>School Photos - please wear full school uniform</b>
Fri, 6 Sept	Jump Rope for Heart
Sat, 7 Sept	Disco for Sophie @ the Recky from 6 pm. \$20 per family.





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## **Seal Rocks Excursion - 1T & 1R**

On Friday, 16 August Year 1 visited Seal Rocks to see Sugar Loaf Point Lighthouse. We were lucky enough to see inside and climb the tower and hear interesting and amusing tales from Mark Sheriff, a former Lighthouse Keeper.

We also had a fascinating time listening to cultural stories by local Worimi Elder, Steve Brereton who has a wonderful gift for connecting children to our precious Indigenous heritage.

The children absolutely loved learning about the role and importance of National Parks. Rangers Rachel, Katrina and Neil did a great job showing what an exciting and important career it is to be a Ranger and perhaps we may see some of these little ones growing up to take on the challenge in future years. It was a fabulous experience that was thoroughly enjoyed by all!



## **INFORMATION FOR OUR PARENTS**

### **Father's Day Stall - Wednesday, 28 August**

The P & C have organised a Father's Day Stall on Wednesday, 28 August. The cost will be \$5 per child with a maximum of \$10 per family. Each child will visit the stall to choose a gift for their father or carer. Siblings will visit the stall together. Please send money in an envelope with your child on the day.

### **BATS (Bright and Talented Students)**

This term, we will begin a ten week extension writing program targeting our BaTS (Bright and Talented Students). A variety of language devices and creative writing topics including poetry, sensory writing and narrative will be covered during this intensive workshop. Encompassing these activities will be a strong focus on planning, vocabulary and editing. The students, where applicable, are encouraged to enter writing competitions throughout the term, and some program time is also allocated to this when required.

### **Forster Running Festival**

There is only 3 weeks to go until the Forster Running Festival is held at Main Beach on Sunday, 8 September. We have been having fun running every morning at Pacific Palms school. Students from all years are welcome to join us. We meet at 8:45 am in the cola. To enter the event go to [www.forsterrunningfestival.com.au](http://www.forsterrunningfestival.com.au)

Entry forms will also be available soon. On the day there is a 5 km at 9:45 am, a 4 km (9-12 year old) at 10:30 am, a 2km (4-8 year olds) at 10:50 am and longer events for mums and dads. Every child receives a medal and fun bag.



**SUNDAY 8TH  
SEPTEMBER 2013**





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## **Thank you - Smart Walling**

Thank you to Sarina, one of our parents, for kindly donating some moveable wall decals. Our front office, sick bay and classrooms all look beautiful. For more info contact [Sarina@smartwalling.com.au](mailto:Sarina@smartwalling.com.au)

## **School Photos - Tuesday, 3 September**

MSP Photography will be at our school on **Tuesday, 3 September** to take our annual school photos. Children should have by now received an envelope with their name printed on it. Payment can be made online to MSP Photography or by enclosing the correct cash money in the envelope provided. Family photo envelopes are available at the front office. Please ensure all children come to school dressed in full school uniform on this day.

## **Support for Sophie**

Thank you to everyone who has bought and sold raffle tickets. They are coming in fast. We look forward to seeing everyone at our community family fundraiser for Sophie on Saturday, 7 September at The Recky commencing at 6 pm. (See enclosed flyer for more information.)



## **PRINCIPAL'S NEWS**

### **Classes for 2014**

We are starting to look at student numbers for 2014. If you know of any families moving to the area with school aged children or you are leaving the area in 2014 please contact the front office at your earliest convenience.

## **Research Study Trip to Melbourne**

This week Mr Ryan travelled to Melbourne with a group of local principals to meet with two Melbourne principals to look at a new model of learning aimed at 21st Century Learners entitled 'Self Organised Learning Environments (SOLEs)'. This is based on the work of a Professor Sugata Mitra and compliments current educational practices that are currently being embedded in our classrooms around the philosophy of Sir Ken Robinson and research on student learning by Professor Ken Hattie.

Further information on this model and the current beliefs on student learning you can view both Professor Sugata Mitra and Sir Ken Robinson through TED talks on the internet at the following addresses.

[http://www.ted.com/talks/sugata\\_mitra\\_the\\_child\\_driven\\_education.html](http://www.ted.com/talks/sugata_mitra_the_child_driven_education.html)

[http://www.ted.com/talks/sugata\\_mitra\\_built\\_a\\_school\\_in\\_the\\_cloud.html](http://www.ted.com/talks/sugata_mitra_built_a_school_in_the_cloud.html)

[http://www.ted.com/talks/ken\\_robinson\\_changing\\_education\\_paradigms.html](http://www.ted.com/talks/ken_robinson_changing_education_paradigms.html)

[http://www.ted.com/talks/ken\\_robinson\\_how\\_to\\_escape\\_education\\_s\\_death\\_valley.html](http://www.ted.com/talks/ken_robinson_how_to_escape_education_s_death_valley.html)

<http://grantwiggins.wordpress.com/2012/01/07/what-works-in-education-hatties-list-of-the-greatest-effects-and-why-it-matters/>

**Kerry Tulloch**  
**Principal**



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26<sup>th</sup> August-20<sup>th</sup> September

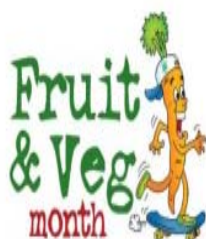
Dear Parent/Carers

Our school is celebrating Fruit & Veg Month! This is a great program that will educate your child about the benefits of eating fruit and vegetables as part of a healthy lifestyle.

During our daily 'Crunch and Sip' break we would like to conduct fruit and vegetable tasting sessions in the classroom encouraging students to try produce they may not have tasted before.

To ensure we have a variety, and enough fruit and veg to share, we hope that parents will be able to contribute by providing extra fruit or whole fruit that can be cut up and added to the tasting plate for your children's class.

For more info please visit: <https://healthy-kids.com.au/category/63/fruit-and-veg-month>



Tasting plate dates for each class		
Week 7	Tuesday 27 <sup>th</sup> August	KC, KR, 1T
Week 8	Tuesday 3 <sup>rd</sup> September	1R, 2W, 2/3G
Week 9	Tuesday 10 <sup>th</sup> September	3W, 4W
Week 10	Tuesday 17 <sup>th</sup> Sep	4/5B, 5M, 6W



It's easy to find a way to get some extra fruit and veggies in your day.

To encourage children to eat more fruit and vegetables at break times, teachers will be giving stickers and green award certificates to students making healthy eating choices. There will be a draw each Friday for 4 weeks, for anyone who has won a green award. The prize is a \$20 gift voucher to Farmers Patch Fruits & Vegetables, 38 Lake Street, Forster. To support our healthy focus the school canteen will be providing healthy choices throughout the month.

Healthy eating everyone!

What is Crunch&Sip®? 

Crunch&Sip® is a set break during the school day when students can eat fruit (or salad vegetables) and drink water in the classroom. At PPPS our break is usually around 10:00-10:30am. The idea is to help children to re-fuel and boost their physical and mental performance and concentration in the classroom.

Each day, students bring a piece of fruit, salad or vegetables to school to eat in the classroom. In addition, each child has a water bottle in their classroom to drink throughout the day to prevent dehydration.

Crunch&Sip® schools have a positive impact on students by:

- Creating an enjoyable daily routine that increases fruit and vegetables intake
- Promoting a positive attitude towards fruit, vegetables and water
- Incorporating nutrition education into key learning areas of the curriculum

# Disco

## for

# Sophie



## Community Family Fundraiser

### Saturday 7<sup>th</sup> September, 2013

## The Recky

### Commencing @ 6pm

### \$20 per family

## Raffles, Auctions & Hang Fire Disco

### Sponsored by Pacific Palms Recreation Club

### Bistro open @ 5pm

### 50c from each Child's meal and \$1 from each Adult's meal

### will be donated to the fundraiser.





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## Pacific Palms Public School

# Fete

SUNDAY SEPTEMBER 15<sup>TH</sup> 2013

9-1 at PACIFIC PALMS SCHOOL

Boomerang Drive, Boomerang Beach

**GIANT 9M SLIDE, MECHANICAL RIDE AND  
JUNIOR JUMPING CASTLE WITH SLIDES,**

**BELLY BUMPER TOURNAMENT, GAMES ZONE,  
TEMPORARY TATTOOS, CHILDRENS CRAFT,  
FACE PAINTING, MARKET STALLS, MEGA BBQ, CURRY  
AND NOODLES, CAFÉ AND CAKES, SNOW CONES,  
SNACKS, FAIRY FLOSS!**

**LIVE PERFORMANCES -music, dancing...,  
2<sup>ND</sup> HAND BOOKS AND DISCS, PLANTS, CHOCOLATE  
WHEEL PRIZES GALORE**

Stall enquiries welcome (no takeaway food or drinks)

3m x 3m undercover space --\$20.00 (b/o tables)

Enquiries - Melanie 0424 625 238 or school office 6554 0249

(Please make all cheques payable to Pacific Palms P&C Association)

**ALL PROCEEDS BENEFIT THE FANTASTIC CHILDREN OF  
PACIFIC PALMS PUBLIC SCHOOL**



STEP RIGHT  
UP!  
FUN FOR  
ALL AGES  
HOURS OF  
FUN



## RIDES AT THE FETE

Get your tickets  
in advance and  
save!



4 hours unlimited  
access to 3 rides  
\$20 1 ticket  
\$15 2nd ticket



\$50 family ticket  
2 adults, 4 kids  
Extra tickets \$10  
within same family



Please pay at the school  
office. Place money in  
envelope with Fete Rides  
on the front and your  
name, phone and types of  
tickets required. THANKS!



### LOCAL BUSINESSES

WOULD YOU LIKE TO  
SPONSOR THE COSTS OF  
HIRING THESE RIDES?

\$100 INCLUDES A FAMILY  
PASS

Tickets on the day will be \$8  
unlimited access per ride per  
person

MORE INFO? Melanie

0424 625 238



Pacific Palms Public School Fete Sunday 15th September 2013 at the school.





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**Smart Walling**  
Movable Wall Decals  
Decals that leave no sticky adhesive on the walls  
and can be used over and over again  
Order Online NOW....  
[smartwalling.com.au](http://smartwalling.com.au)  
[sarina@smartwalling.com.au](mailto:sarina@smartwalling.com.au)

**Deep Tissue Massage**  
**Relaxing Massage**  
**Reflexology**  
**\$55**  
for a 1 hour treatment  
(Offer ends Mid Sept)  
**Bronwyn**  
**6554 0261 0 4 0 9 9 9 0 9 7 0**

## Parents help your child get ahead at school!

No more tears at homework time!!

'Handwriting without Tears' is an evidence based program guaranteed to show results for your child's handwriting!

There are two programs to choose from....

**Get Set for School** – preparing 4 to 5 year olds for school

**Handwriting Without Tears** – Improving and developing existing handwriting and language skills.

Mention this advert when booking your Childs' initial appointment and receive a **FREE Nuff Weight** to assist with handwriting.

Courses are run by **Occupational Therapists**  
Debbie Hopper and Cassie Cousland weekly during term and intensively during school holidays.

For more information contact:

[www.lifeskills4kids.com.au](http://www.lifeskills4kids.com.au)

Ph: 02 6555 9877

Email: [therapy@lifeskills4kids.com.au](mailto:therapy@lifeskills4kids.com.au)

2/4 Enterprise Court, Forster – next to Kids Spot



**NO MORE POWER BILLS EVER AGAIN!!!**  
Get the abundant free power from the sun with stand alone solar & become self sufficient.  
**STAND ALONE SOLAR POWER**  

**STARTING FROM \$6000.00**  
we are also fully cec accredited to install  
- solar pv grid connect  
- solar hot water  
- solar airconditioning  
- residential, commercial & rural for a no obligation free quote, call your local accredited aussie installer.  
Speak with the qualified, accredited designer/installer only, not just the salesperson, also a local.  
call luke wakefield 0427 958666 / 02 65542316 or [purecoastalsolar@tpg.com.au](mailto:purecoastalsolar@tpg.com.au)



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NIPPERS 2013-14

### NIPPERS REGISTRATION

The 2013 – 2014 season of Nippers will kick off on the beach on Sunday 13 October, 2013.

Registration will be open to all children between the ages of 5 – 14. (Child must turn 5 before 30 September 2013.)

#### Registration Dates:

Registration days will be held at the school on the following dates:

- ❖ Sunday 15 September - School Fete
- ❖ Wednesday 18 September - School canteen (3 - 5pm)
- ❖ Wednesday 9 October - School canteen (3 - 5pm)

Clothing will be available for purchase at these registration days.

#### Registration costs:

1 <sup>st</sup> child:	\$35.00
2 <sup>nd</sup> child:	\$30.00 etc
Parent:	\$15.00 1 parent per family to be registered

Please note there will be no registrations taken the morning of the 1<sup>st</sup> Nippers day. Your children **MUST** be fully registered before they are allowed to participate in activities.

#### Proficiency tests:

Children who are entering the age groups of Under 8 (turning 7 before 30 September 2013) and above are required to undertake a swimming proficiency test. This test **MUST** be undertaken and the completed certificate supplied before Nippers will be allowed to enter the water.

For further information please contact:

Melanie Ledgett (Registrar) 0424 625 238

Iona MacKenzie (Registrar) 0410 789 701

*Pacific Palms*  
SLSC

**Join in a fun family day  
and help a great cause**



Join with **Peppa Pig, Ben 10, Elmo, Baby Charli & her family** in a 'Walk for Baby Charli', followed by a fun filled afternoon of raffles, auctions, games & prizes at Club Forster.

All monies raised will be donated to Charli's family to help with medical expenses in their fight to treat her hypertonion, hypermobility and sensory issues as well as ongoing treatment for a rare form of cancer Charli has called Gardner's Syndrome, that both her father and four year old brother suffer from also.

Be there 10.30 am for 11am start  
**John Wright Park Tuncurry, Sunday 25th August**  
and afterwards from

**2 pm at fabulous Club Forster, Strand St, Forster**  
**\$10 per adult, gold coin donation per child under 12**  
for a fantastic afternoon of live entertainment, a jumping castle, loads of kids activities, pop corn, fairy floss, sausage sizzles, raffles, auctions and prizes including family holidays, tours, fashion, toys and much more.

**Like us on Facebook**  
**Lets walk for Baby Charli**  
CFN22838